

# HOW-TO: MAKE A BUN

A bun may be low, centered, or high. Low buns are at the nape of the neck, Centered buns are at the back of the head behind the top of the ears, High buns are on the crown. If you draw a diagonal line from the chin & above the ears, you should find the right place for a high bun. Keep to the following directions and you will have classical bun success!

## Step 1

Supplies:

- a hairbrush and/or comb
- hair elastic that will securely hold your hair
- hairspray and gel
- bobby pins and/or hairpins that match the color of your hair
- an invisible hairnet that matches the color of your hair (get these at any drugstore)

**\*\* (Pre-made Bun Kits are for sale in the office for \$2! It includes: 1 hair elastic, 10 pins, & 1 hairnet.) \*\***

## Step 2

- NOTE\* Many types of hair are most easily styled while damp (or even unwashed—the natural oils of the hair help make hair manageable). Use a water spray bottle if necessary.
- Brush hair (including bangs if required) back into a **slick & secure** ponytail at the specified height. Use multiple hair elastics for thick hair.
- Add gel or hairspray at this point to ensure a clean and tidy look.
- All wispy hairs, side bangs, and stray hairs should be pulled back as part of the ponytail.

## Step 3

- Twist the hair in the ponytail until it is tight (for longer and thicker hair, divide the hair into 2 or more sections)
- Wrap the hair around the pony tail and around the outside of the twist. For long/thick hair, anchor it with pins as you go.
- Open the hair net and place it over the bun. It will be larger than the bun, but that is okay.
- Twist the hairnet and wrap it over the bun a second time and a third or fourth time if necessary. After twisting the hairnet, tuck the extra length of hairnet around the outside of the bun & pin in place.
- Pin thru the hairnet into the hair around perimeter of bun & close to the scalp to secure. Try to shape the bun flat against head.
- Add more pins until bun feels secure. You should be able to shake your head & jump up&down and the bun stay frozen in place.
- Spray the hair and bun with lots of hairspray to help keep the hair tidy. Be sure to secure all the hair at the back of the neck and by the ears using bobby pins, gel, & hairspray.

Visit this link to see a quick demonstration of creating a CENTERED/classical bun on a dancer with long hair.

**<http://www.youtube.com/watch?v=ZUMI9lvs03A&feature=related>**

Visit this link to see a quick demonstration of creating a HIGH bun on a dancer with long hair. \*note: to see how to put on a hair net, watch the tutorial above.

**<http://www.youtube.com/watch?v=3VDEhbpuCIY&feature=related>**